

Department of Disease Control, Weekly Disease Forecast No.28 (5-11 October 2015)

From the national disease surveillance system during last week, besides dengue and hand, foot and mouth disease (HFMD), special attention should also be placed on influenza as well as avian influenza.

During 1 January to 27 September 2015, there were 49,326 influenza patients with 24 deaths. The highest morbidity rate was found in the Central region, followed by the Northern, Northeastern and Southern regions respectively.

Thailand has not had any avian influenza cases since August 2006.



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According to this week disease forecast, influenza cases may continue to occur throughout the rainy and cool seasons. The Department of Disease Control thus encourages the people to notice symptoms including fever, chills, muscle ache, headache, fatigue, loss of appetite and nasal congestion with clear discharge. Symptoms usually last for 2-4 days and gradually improved. If symptoms do not improve especially in children, the elderly, pregnant women and people with underlying diseases, the patient should seek medical attention immediately.



For avian influenza, migratory birds usually come to temporary stay in Thailand during the winter months. There had been also unusual chicken deaths in the border area of Thailand's neighboring country, the public is therefore advised not to touch or eat sick poultry.

In case of unusual poultry deaths, owners must notify livestock officer, public health officer and village health volunteer for prompt investigation and control of the disease. If anyone have fever, cough or difficult breathing within 14 days after touching or consuming sick poultry, he or she must seek medical attention at a hospital immediately.

For queries or additional information, please call DDC hotline 1422.

